

# See better for less!

Aetna Vision<sup>SM</sup> Discounts

9 x 6 = 54  
10 x 6 = 60  
11 x 6 = 66  
12 x 6 = 72

Save on glasses,  
contacts, LASIK  
and more.

We want you to know<sup>®</sup>





# The eye-opening

## Save BIG on seeing better

It's easy, with Aetna Vision Discounts.\* You receive special discounts on eyeglasses, contact lenses and solutions, LASIK and other eye-care services and accessories. And since it's automatically included with your Aetna health benefits or health insurance plan, you don't pay anything extra for program access.

And that's not all: your discount covers specialty vision care items not typically covered by insurance, like snazzy eyeglass chains, designer frames, sunglasses — even colored contacts. Now, you've got everything you need to keep you, and your vision, super-sharp!

## There's no stopping the savings

That's right — there's no limits to how often you can use the discount. So grab a pair of summer shades. Then stop back another time for more-serious spectacles. You'll get on-the-spot savings *each* and *every* time you purchase a product or service from our wide selection of participating locations.

## Thousands of locations to choose from

It's easy to find a provider, with a broad range\*\* of participating independent locations as well as national chains like LensCrafters®, Target Optical®, and select Sears® Optical and Pearle Vision® locations.

Want to find a spot in your hometown? Visit our DocFind® directory at [www.aetna.com](http://www.aetna.com) and follow the standard search prompts to "Places/Eyecare" to find a participating professional in seconds. Or check your paper directory. If you don't have one, you can call the number on your ID card, or give EyeMed customer service a ring at 1-800-793-8616.

## Get great rates on eye exams

For such a short and sweet procedure, a routine eye exam does the eyes — and the body — good. It's the #1 way to detect eye problems like glaucoma or astigmatism. And it can also spot symptoms of diabetes, hypertension and other medical problems early ... before they become a bigger problem.<sup>1</sup>

That's why most of the participating locations have doctors of optometry practicing right on the premises or at a nearby location. Now, even if you don't have eye exam coverage through your medical benefits plan, you can still get a great rate on eye exams for eyeglasses or contact lenses through Aetna Vision Discounts. Check the price list on the back of this flyer for details.

If you already have eye exam coverage, Aetna Vision Discounts is a great way to supplement your insurance coverage. Covered eye exams are available from most participating locations. But remember — check your plan documents first, since your out-of-pocket expenses could be lower if you follow your plan requirements.

### Need eye exams or eyewear?

1-800-793-8616  
Monday – Saturday 8 a.m. to 11 p.m.  
Sundays 11 a.m. to 8 p.m.  
Eastern Time

### Lost a Lens?

1-800-391-LENS (5367)

### Ready for LASIK?

1-800-422-6600  
Weekdays 8 a.m. to 9 p.m.  
Saturdays 9 a.m. to 6 p.m. Eastern Time

\*Formerly known as the Vision One® discount program.

\*\*EyeMed Select Network and Provider List, 1/07.

<sup>1</sup>Eyes show it: System diseases revealed in routine eye exams. *Employee Benefits News*. April 15, 2004. Accessed at [www.benefitnews.com](http://www.benefitnews.com).

# choice for healthy vision

## Here's how to start saving

Purchasing eyewear and vision services is as easy as book, browse and save!

### Book!

Schedule an eye exam, or visit any participating location.

### Browse!

Choose from hundreds of fashionable frames and the latest in lens technology.

### Save!

Present your Aetna ID card for on-the-spot savings. No claims, no waiting for reimbursement, no fuss!

## Replace contacts in a blink

Lost a lens? Get additional pairs delivered right to your door! Just purchase your first pair of prescription contact lenses — then call our mail-order center at 1-800-391-LENS (5367) for a brand-new pair.

## Get LASIK for less

LASIK surgery just got more affordable. Not only do you save on the procedure, you also receive education, an initial screening and follow-up care — all wrapped into the discounted price. Best of all, the initial consultation is always free, even if you choose not to have the surgery.

### Here's how to get started:

1. Call the U.S. Laser Network at 1-800-422-6600 to schedule your FREE consultation. Our LASIK information specialists can help you find and choose a nearby doctor.

2. The doctor's office will contact you directly to schedule your free consultation.

3. Still ready to proceed? Schedule the surgery and call the U.S. Laser Network for instructions on submitting your \$100 deposit. It's completely refundable if you don't have the surgery.

4. Check with your surgeon's office for convenient payment arrangements or pay the discounted price before your surgery date.

Save on everything you need to see better.



# Vision savings snapshot

Keep this chart\* handy — it lists the savings available through Aetna Vision Discounts.

| PRODUCT OR SERVICE  | WHAT YOU'LL PAY   |
|---|---|
| <b>Eye Exams for Plans That Cover Eye Exams</b>   | Refer to your health benefits plan documents for coverage details |
| <b>Eye Exams for Plans That Do Not Cover Eye Exams</b>  |   |
| ▪ Comprehensive eye exam  | \$42  |
| ▪ Standard contact lenses fit & follow up   | \$40 (plus \$42 exam fee)   |
| ▪ Specialty contact lenses fit & follow up (e.g. Toric, Bifocal, Gas Permeable)   | \$10 off retail (plus \$42 exam fee)                              |
| <b>Lenses per Pair (uncoated plastic)</b>   |   |
| ▪ Single Vision   | \$40  |
| ▪ Bifocal   | \$60  |
| ▪ Trifocal  | \$80  |
| ▪ Standard Progressive (no-line bifocal)  | \$120   |
| <b>Eyeglass Frames (retail prices)</b>  | 40% off retail prices   |
| <b>Lens Options per Pair (add to lens price above)</b>  |   |
| ▪ Standard polycarbonate (includes UV coating and scratch-resistant coating)  | \$40  |
| ▪ Scratch-resistant coating   | \$15  |
| ▪ Ultraviolet (UV) coating  | \$15  |
| ▪ Solid or gradient tint  | \$15  |
| ▪ Standard antireflective coating   | \$45  |
| ▪ Glass   | 20% off retail  |
| ▪ Photochromic Glass  | 20% off retail  |
| <b>Contact Lenses</b>   |   |
| Get a 15% discount (5% on disposables) off retail prices.   |   |
| <b>Mail-Order Contact Lens Replacement Program</b>  |   |
| Call 1-800-391-LENS (5367) to order replacement contact lenses. (Mail-order contact pricing is not subject to the discounts received at participating locations.) |   |
| <b>Additional Vision-Related Items</b>  |   |
| Visit any participating location to receive a 20% discount off retail prices.   |   |
| <b>LASIK Procedure</b>  |   |
| Save up to 15% off the surgeon's fee through the U.S. Laser Network.  |   |

\*EyeMed Services and Compensation Schedule, 1/07. Prices are subject to change.

Health benefits and health insurance plans are offered, underwritten or administered by: Aetna Health Inc., Aetna Health of the Carolinas Inc., Aetna Health of Illinois Inc., Aetna Health Insurance Company of New York, Corporate Health Insurance Company and/or Aetna Life Insurance Company.

If you need this material translated into another language, please call Member Services at 1-888-98-AETNA (1-888-982-3862).

Si usted necesita este documento en otro idioma, por favor llame a Servicios al Miembro al 1-888-98-AETNA (1-888-982-3862).

Discount programs provide access to discounted prices and are not insured benefits. Providers are independent contractors and are not agents of Aetna. Provider participation may change without notice. Aetna does not provide care or guarantee access to health services. Information subject to change. Health benefits and health insurance plans contain exclusions and limitations. For more information about Aetna plans, refer to [www.aetna.com](http://www.aetna.com).

Policy forms issued in Oklahoma include: HMO/OK COC-4 09/02, HMO/OK GA-3 11/01, CHI/OK GP-3 02/02, CHI/OK INSCT-4 01/02, GR-23 and/or GR-29.

**Aetna Vision Discounts is free with your Aetna medical plan. So take care of your eyes, for less, today!**





# The Orthodox HealthPlan

The Orthodox Health Plan (OHP) provides benefits for the clergy and lay employees of:

- The Serbian Orthodox Church of the United States
- The Greek Orthodox Archdiocese of America
- The Antiochian Orthodox Christian Archdiocese (US)
- The Orthodox Church in America
- The Diocese of the Armenian Church (US)

and as of January 1, 2011, the **Russian Orthodox Church Outside of Russia** in the United States and its territories.

The Insurance and Pension Committee of the Eastern American Diocese arranged for the opening of the OHP to the clergy and lay employees for all ROCOR institutions throughout the United States (and territories), not just the Eastern American Diocese.

By joining this large group we are able to take advantage of a solid offering of benefits, including Medical, Dental, Vision, and Prescription Drug coverage with a group that has significant market power and a history of stable premiums. The Medical and Dental Benefits are provided by Aetna, Inc. Both the Medical and Dental Plan coverage are PPOs (Preferred Provider Organizations), which allow members to use both "in-network" and "out-of-network" providers; with a significant financial advantage to staying within the network.

**ENROLLMENT:** Open to all clergy and (at least half-time) employees of any parish or institution of the Russian Orthodox Church Outside of Russia in the United States of America or its territories. The Open Enrollment period permits all eligible clergy and employees to register, without regard to any pre-existing conditions, with no waiting periods. The Open Enrollment period runs from November 1 through December 31, 2010. Coverage is effective January 1, 2011. To enroll in the Aetna Open Choice PPO, complete the form and submit with the first month's premium to:



OHP PPO Enrollment  
Form



OHP PPO Enrollment  
Form.jpg

Orthodox Health Plans  
PO Box 321101  
Fairfield, CT 06825

**Note:** Required sections on form are highlighted in **yellow**. **The Plan:** Open Choice PPO; **Section C:** Social Security Number for employee is REQUIRED; **Section D:** all new enrollee entries are "A" Add/New; the Relation codes are "H" (husband), "W" (wife), "S" (son), and "D" (daughter).

Enrollment and other general administration questions should be directed to our Plan Administrator, The GDC Financial Group, at 1-800-785-4432 or by e-mail: [ohpenrollment@orthodoxhealthplans.com](mailto:ohpenrollment@orthodoxhealthplans.com) (or click: [mailto: OHP](mailto:OHP) if your browser is configured to automatically open your e-mail program). The OHP website is located here: <http://www.orthodoxhealthplans.com/>. After the expiration of the open enrollment period, additional enrollees will have to wait until the next open enrollment period in most cases. We encourage you to seriously think about taking advantage of this opportunity.

**COSTS:** The monthly premium for the Aetna Open Choice PPO for an individual is **\$832** and **\$1755** for a family. There are no "per dependent" add-ons in this plan for children. Overall, the more members we have in the Orthodox Health Plan group, the more affordable the coverage stays for all members. Premium adjustments (increases) occur on May 1<sup>st</sup> each year. The Medical plan includes a deductible and coinsurance/co-pays. If you are not familiar with these terms, here is a brief explanation.

- A **deductible** is a pre-determined dollar total for certain services (surgery, hospitalization, etc.) that must be satisfied by the member, prior to the start of the insurance company's responsibility to cover costs.
- Cost sharing between the member and the insurance company comes in the form of **Coinsurance** (the member pays a percentage of the cost) or **Co-pay** (the member pays a fixed dollar amount for certain in-network services). Examples: \$25 for office visit to primary doctor, \$15 for 30 day supply of generic prescription drug, 10% of diagnostic x-ray or lab.

The annual member deductible is \$400 for individual and \$800 for a family (in-network). It is important to note that many services are covered without being subject to the deductible. The deductible applies to services, such as:

- Hospital admission
- Outpatient surgery
- Inpatient at Skilled Nursing Facility
- Home Health Care
- Inpatient Hospice Care

*The maximum out-of-pocket exposure for our members, including the deductible is **\$3000** for individual and **\$6,000** for family. Once this level is reached, the plan pays 100%. This maximum limits your exposure when you have high cost issues. In typical situations, many people will not utilize services that would have been subject to the deductible and many of the coinsurance categories.*

**NOTE to Residents of NY and CA:** STATE REGULATIONS IN NEW YORK AND CALIFORNIA DO NOT PERMIT DEDUCTIBLES FOR IN-NETWORK SERVICES. ALSO, NEW YORK MEMBERS ARE NOT SUBJECT TO INPATIENT COINSURANCE.



The group health plan provider is **Aetna**. Aetna is a leading health insurance provider with a nationwide presence. Our plan is the Open Choice PPO, a “Preferred Provider Organization”. The PPO provides a significant financial incentive for using “in-network” providers.

**IN-NETWORK COPAYS:** Primary **\$25.00** / Specialist **\$35.00**

Doctor Office Visits are not subject to deductible, but use a co-pay, instead.

The PPO Benefits Highlights for the AETNA **Open Choice PPO** can be viewed in chart form by clicking on the file located here:



OHP Medical Benefits

**Additional information is available on the Aetna website:**

<http://www.aetna.com/individuals-families-health-insurance/index.html>

A significant feature of the Aetna plan is the Aetna Navigator, an online, web-based management system for your healthcare, a source of valuable information and a portal to services. The navigator will help you find doctors, research conditions, and get help. Additional features of the Aetna plan include:

- 24-Hour Nurse Line
- Informed Health® Line
- Discount Programs
  - Alternative Health Care Discounts
  - Fitness Discounts
  - Hearing Discounts
  - Oral Health Care Discounts
  - Vision Discounts
- Pregnancy/Maternity Management Program\*
  - Pregnancy Risk Survey
- Women's Health
  - Breast Health Survey
  - Women's Health
- Asthma
  - Caring for Asthma
- Diabetes
  - Caring for Diabetes
- Heart/Vascular
  - Caring for Congestive Heart Failure
  - Caring for Coronary Artery Disease

## DENTAL

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The **AETNA Dental PPO** is included in this plan. The deductible is \$50 for individuals and \$150 for families. The calendar year maximum per person is \$1500 and the per person orthodontics maximum is \$1500. The plan benefits can be viewed in chart form by finding the following file:



OHP Dental Benefits

## VISION

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The **Aetna Vision One** program is included in this plan. **This is an IN-NETWORK only plan.** There are a large number of participating providers, including Lenscrafters, Pearle Vision, Sears Optical, JCPenney Optical, Target Optical, and others, as well as many independent optometrist and ophthalmologist offices. Please visit <http://www.aetna.com/docfind> select your Medical plan (Open Choice PPO) and choose the specialty: Optometry (or Ophthalmology for medical issues) as the provider specialty or call Vision Care Customer Service: 1-877-9-SEE-AETNA (1-877-973-3238). The automated provider locator is operational 24 hours a day, 7 days a week. Representatives are also available Monday-Saturday from 8 am to 11 pm ET and Sundays from 11 am to 8 pm ET. For LASIK laser eye surgeons, call 1-800-422-6600. The plan benefits can be viewed in chart form by finding the following file:



Aetna Vision One

## RETIREE MEDICAL

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A **Retiree Medical** plan is available to persons enrolled in Medicare A&B as primary. For information on this plan, contact the Orthodox Health Plan administrator (GDC Financial) at 1-800-785-4432 or by e-mail: [ohpenrollment@orthodoxhealthplans.com](mailto:ohpenrollment@orthodoxhealthplans.com). The costs for this plan are: Individual: **\$470** with dental (\$417 without), Family: **\$940** with (\$834 without). The plan benefits can be viewed in chart form by finding the following file:



OHP Retiree Medical



OHP Retiree  
Enrollment Form

## OUT-OF-AREA MEDICAL

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Persons who reside outside the Aetna PPO Network (very few places in the US) will be covered by the Aetna Indemnity Medical Plan. Contact OHP with questions. The plan benefits can be viewed in chart form by finding the following file:



OHP Out-of-area  
Medical



# *Orthodox HealthPlans Summary of Benefits*

## *PPO Dental Plan*

### *Plan Features*

### *In-Network*

### *Out-of-Network*

**Plan Deductible** (per calendar year;  
Applies to all covered services)

\$50 Individual  
\$150 Family

\$50 Individual  
\$150 Family

Routine Oral Exams, Prophylaxis,  
Diagnostic X-Rays  
Fluoride Treatment (for dependent children to age 15)

100%  
(Deductible waived)

100%  
(Deductible waived)

General Dental Expenses\*

90% after deductible

80% after deductible

Crown, Inlays, Gold Fillings  
Fixed Bridgework and Orthodontia

60% after deductible

50% after deductible

Calendar year maximum

\$1,500 per person

Orthodontia Lifetime Maximum

\$1,500 per person

Orthodontia Eligibility

Dependent children to age 19  
only

\*General Dental Expenses-Includes non-surgical extractions; fillings; general anesthetics; non-surgical endodontic treatment; non-surgical periodontal treatment; initial installation of dentures; space maintainers (dependent children only); repair or recementing of crowns, inlays, bridgework or dentures; relining of dentures; and administration of drugs for prevention, alleviation or cure of disease or pain.

***This is a Summary of Plan Benefits Only. The Master Policy Contract holds more detailed information on coverage. In the event of any discrepancies, the Master Contract shall be binding, subject to State Mandates.***



**Orthodox HealthPlans Medical Benefits  
PPO Benefit Highlights**

| PLAN FEATURES                         | IN NETWORK                         | OUT OF NETWORK                     |
|---------------------------------------|------------------------------------|------------------------------------|
| <b>Deductible</b> (per calendar year) | \$400 Individual<br>\$800 Family   | \$750 Individual<br>\$1500 Family  |
| <b>Coinsurance Limit</b>              | \$3000 Individual<br>\$6000 Family | \$4000 Individual<br>\$8000 Family |

| PREVENTATIVE CARE   | IN NETWORK                  | OUT OF NETWORK       |
|---|-----------------------------|----------------------|
| Routine Physicals - adults 19 & Older<br>1 exam every 12 months | 100% after \$25 copay       | 70% after deductible |
| Well Baby Care/Immunizations                                    | 100% no deductible or copay | 70% after deductible |
| Routine Mammogram   | 90% no deductible or copay  | 70% after deductible |
| Routine OB/GYN Exam - 1 per year                                | 100% after \$35 copay       | 70% after deductible |

| PHYSICIAN SERVICES                    | IN NETWORK                 | OUT OF NETWORK       |
|---------------------------------------|----------------------------|----------------------|
| Office Visits, non-surgical           | 100% after \$25 copay      | 70% after deductible |
| Allergy Test/Treat (by Physician)     | 100% after \$35 copay      | 70% after deductible |
| Allergy Injections (not by Physician) | 90% after deductible       | 70% after deductible |
| Diagnostic X-ray & Lab                | 90% no deductible or copay | 70% no deductible    |
| Specialist Office Visits              | 100% after \$35 copay      | 70% after deductible |
| Surgical Services                     | 90% after deductible       | 70% after deductible |
| Physician In-Hospital Services        | 90% after deductible       | 70% after deductible |
| Other Physician Services              | 90% after deductible       | 70% after deductible |
| Maternity Care                        | SAAOCE*                    | SAAOCE*              |

| HOSPITAL SERVICES       | IN NETWORK  | OUT OF NETWORK                                    |
|-------------------------|---|---|
| Inpatient Coverage      | 90% after \$250 per confinement<br>and deductible | 70% after \$250 per confinement<br>and deductible |
| Outpatient Coverage     | 90% after deductible                              | 70% after deductible                              |
| Emergency Room Visit    | 90% after \$150 copay<br>waived if admitted       | 70% after \$50 copay<br>waived if admitted        |
| Non-emergency use of ER | 50% after deductible                              | 50% after deductible                              |
| Maternity Care          | SAAOCE*   | SAAOCE*   |

| PRESCRIPTION DRUG BENEFIT | IN NETWORK | OUT OF NETWORK |
|---------------------------|------------|----------------|
| Retail: 30 day supply     |            |                |
| Generic                   | \$15 copay | Not covered    |
| Formulary                 | \$25 copay | Not covered    |
| Non-formulary             | \$40 copay | Not covered    |
| Mail order: 90 day supply |            |                |
| Generic                   | \$30 copay | Not covered    |
| Formulary                 | \$50 copay | Not covered    |
| Non-formulary             | \$80 copay | Not covered    |



**Orthodox HealthPlans Medical Benefits  
PPO Benefit Highlights**

| MENTAL HEALTH   | IN NETWORK   | OUT OF NETWORK                                  |
|---|--|---|
| Inpatient- up to 30 days per calendar year                  | 90% after \$250 per confinement fee and deductible                       | 70% after \$250 confinement fee and deductible  |
| Outpatient- up to 30 visits per calendar year               | 90% after deductible   | 70% after deductible                            |
| Crisis Intervention - 3 visits per calendar year            | 90% after deductible   | 70% after deductible                            |
| SUBSTANCE ABUSE   | IN NETWORK   | OUT OF NETWORK                                  |
| Inpatient - up to 30 days per calendar year                 | 90% after \$250 confinement fee and deductible                           | 70% after \$250 confinement fee and deductible  |
| Outpatient- up to 60 visits per calendar year               | 90% after deductible   | 70% after deductible                            |
| OTHER BENEFITS  | IN NETWORK   | OUT OF NETWORK                                  |
| Skilled Nursing Facility (other than at physician's office) | 90% after deductible up to 90 days per yr.<br>90% no deductible or copay | 70% after deductible<br>70% - deductible waived |
| Hospice care  | Same as skilled nursing  | Same as skilled nursing                         |
| Inpatient Coverage  | 80% after deductible up to 30 days per year                              | Same as In Network                              |
| Outpatient Coverage   | 80% after deductible. Max of \$5000                                      | Same as In Network                              |
| Ambulance   | 80% after deductible   | Same as In Network                              |
| Durable Medical Equipment                                   | 80% after deductible   | Same as In Network                              |
| Short Term Rehabilitation                                   | 80% after deductible   | Same as In Network                              |

\*Same As Any Other Covered Expense

**NOTE:**

**This is a Summary of Plan Benefits Only. The Master Policy Contract holds more detailed information on coverage. In the event of discrepancies, the Master Contract shall be binding, subject to State Mandates.**

## The Orthodox Health Plan Indemnity Medical Insurance Plan

- The Traditional Choice plan is offered to employees located in areas other than in the service areas of the Open Choice (PPO) plan. Traditional Choice is an indemnity plan permitting freedom of choice of providers. Claim reimbursement is based upon reasonable and customary limits, rather than negotiated discounts.

The plan design reflected on the following pages contains the basic provisions of our Traditional Choice product. It is subject to modification in response to state or federal legislation.

|  |                                      |
|--|--------------------------------------|
| <b><i>Plan Features</i></b>  |                                      |
| <b><i>Plan Deductible</i></b> (per calendar year; applies to all covered services)   | \$300 Individual<br>\$600 Family     |
| <b><i>Coinsurance Limit</i></b>  | \$1,500 Individual<br>\$3,000 Family |
| <b><i>Lifetime Maximum</i></b>   | Unlimited                            |
| <b><i>Physician Services</i></b><br><br>(except Mental Health/Alc/Drug)  | 80% after deductible                 |
| <b><i>Routine Physicals/Immunizations-</i></b><br><br><i>well-baby care to age 7; children age 7+ and adults:<br/>1 routine exam per 24 months (1 routine exam annually for members age 65 and older), including</i> | 80% after deductible                 |

|   |                      |
|---|----------------------|
| <p><i>immunizations.</i></p> <p><i>Routine ob/gyn exam:</i></p> <p><i>1 routine exam per calendar year, including 1 pap smear and related fees</i></p>  |                      |
| <p><i>Routine Mammography</i></p> <p><i>One baseline mammogram for covered females age 35 but less than 40</i></p> <p><i>One mammogram every two years for covered females age 40 - 49</i></p> <p><i>One mammogram per calendar year for covered females age 50 and older</i></p> | 80% after deductible |
| <p><b><i>Hospital Services</i></b></p>  |                      |
| <p><i>Inpatient coverage</i></p>  | 80% after deductible |
| <p><i>Outpatient coverage</i></p>   | 80% after deductible |

|   |   |
|---|---|
| <p><b><i>Skilled Nursing Facility</i></b></p> | 80% after deductible up to 90 days per calendar year              |
| <p><b><i>Home Health Care</i></b></p>         | 80% after deductible up to 120 visits per calendar year           |
| <p><b><i>Private Duty Nursing</i></b></p>     | 80% after deductible up to 70 eight-hour shifts per calendar year |

|   |                            |
|---|----------------------------|
| <b><i>Hospice Care</i></b>              | 80% after deductible       |
| <b><i>Inpatient coverage</i></b>        | 30 days inpatient maximum  |
| <b><i>Outpatient coverage</i></b>       | \$5,000 outpatient maximum |
| <b><i>Ambulance</i></b>                 | 80% after deductible       |
| <b><i>Durable Medical Equipment</i></b> | 80% after deductible       |

| <b><i>Prescription Drug</i></b>   | <b><i>Preferred Benefits</i></b>   | <b><i>Non-Preferred Benefits</i></b>      |
|---|--|---|
| <b><i>Pharmacy Drugs</i></b>  | 100% after \$10 copay for generic formulary drugs, \$15 copay for brand name formulary drugs and \$30 copay for non-formulary brand drugs up to a 34 day supply at participating pharmacies.                     | 80% after deductible                      |
| <b><i>Mail Order Drugs</i></b>  | 100% after \$20 copay for generic formulary drugs, \$30 copay for brand name formulary drugs and \$60 copay for non-formulary brand drugs up to a 90 day supply at participating participating Mail Order vendor | 80% after deductible for mail order drugs |
| <b><i>Maternity</i></b>   |  |   |
| <i>(coverage includes voluntary sterilization and voluntary abortion)</i> |  | 80% after deductible                      |

|   |  |
|---|--|
| <b><i>Mental Health Services and Alcohol/Drug Abuse</i></b> | 80% after deductible                                   |
| <i>Inpatient coverage</i>                                   |  |
| <i>Maximum</i>  | 30 days per calendar year*                             |
| <i>Outpatient coverage</i>                                  | 50% after deductible up to 30 visits per calendar year |

|   |                                      |
|---|--------------------------------------|
| <b><i>Institutes of Excellence®</i></b>                           |                                      |
| <i>Expenses incurred in connection with transplant procedures</i> | Payable as any other covered expense |
| <i>Lodging Expenses Maximum</i>                                   | \$50 per person per night            |
| <i>Travel and Lodging Maximum</i>                                 | \$10,000 per one type of procedure   |
| <b><i>Other Expenses</i></b>                                      | 80% after deductible                 |

Members are responsible for obtaining precertification for inpatient hospital confinements; a \$200 penalty will apply per occurrence, for failure to obtain precertification.

|                                      |  |
|--------------------------------------|--|
| <b><i>Eligibility</i></b>            | All employees  |
| <b><i>Dependents Eligibility</i></b> | Spouse, children from birth to 19 or 23 if in school |
| <b><i>Private Room Limit</i></b>     | Semi-Private   |

|   |   |
|---|---|
| <i>Actively-At-Work/Dependent<br/>Non-Confinement Rules</i> | Apply (unless waiver required by law)   |
| <i>Pre-Existing Conditions Rule</i>                         | Apply (unless waiver required by law)   |
| <i>Conversion</i>   | Standard conversion privilege applies   |
| <i>Continuation</i>   | Standard continuation applies - COBRA or state mandated   |
| <i>Extension of Benefits</i>                                | 12 months extension if totally disabled when coverage ceases - extension applies to all covered expenses  |
| <i>Medicare</i>   | Government Exclusion - Medicare eligible benefits are subtracted from Covered Medical Expenses before secondary Aetna benefits are calculated.  |
| <i>Coordination with Other Benefits</i>                     | Up to 100% of Allowable Expenses per year   |
| <i>Subrogation</i>  | <Include unless prohibited by state law> Third party liability claims with recovery potential will be forwarded to the designated subrogation vendor for pursuit - \$500 threshold applies. |

Aetna contractual definitions will apply to all treatment.

**Deductible**

- Deductible - an out-of-pocket expense applicable to all benefits. Calendar year deductibles are individual and family, with family limits equal to none, 2x or 3x the individual deductible.

Covered expenses are reduced by the amount of the deductible at the time of claim adjudication by the claim processor.



All out-of-pocket expenses (except those resulting from application of a coinsurance percentage, e.g., 80%) are referred to as deductibles.

Deductibles apply independently (i.e., no cross application between calendar year and per confinement deductibles). There is no deductible carryover provision.

### **Coinsurance Limits**

Coinsurance limits are the maximum amount of out-of-pocket expenses (other than copays and deductibles) that an employee/family will have to pay in a calendar year. Expenses are reimbursed at 100% once these limits are met. Coinsurance limits apply on a calendar year basis only. Coinsurance limits are individual and family, with family limits equal to none, 2x or 3x the individual limit.

Expenses applicable to coinsurance limit - Only those out-of-pocket expenses resulting from the application of a coinsurance percentage (except outpatient mental disorders and alcoholism and drug expenses and any penalty amounts) may be used to satisfy the coinsurance limit.

### **Claims Submission**

Members are responsible for submission of claims under Traditional Choice.



# Enrollment/Change Request

## Aetna Life Insurance Company

**Check One:**  Elect Choice® EPO  HMO  
 Managed Choice® POS  Traditional Choice®  
 Open Choice® PPO  Other \_\_\_\_\_

### A. Transaction Information

EFFECTIVE DATE (MM/DD/YYYY)

|  |   |
|--|---|
| <b>1. Enrollment (Check One)</b><br><input type="checkbox"/> New Enrollee<br>Hire Date:    /    /<br>MM DD YR<br><input type="checkbox"/> Rehired/Reinstatement<br>Date:        /    /<br>MM DD YR<br><input type="checkbox"/> Return to Work<br>Date:        /    /<br>MM DD YR | <b>2. Change</b><br><input type="checkbox"/> Social Security Number    -    -    -    -<br><input type="checkbox"/> Control/Suffix/Acct (B.2.) _____<br><input type="checkbox"/> Stop Continuation of Health Coverage (i.e., COBRA)<br><input type="checkbox"/> Other _____                                     |
|  | <b>3. Termination</b><br><input type="checkbox"/> Terminating Employment - Reason _____<br><input type="checkbox"/> Cancelling Coverage - Reason _____<br><input type="checkbox"/> Continue Employee Health Coverage (i.e., COBRA)<br><input type="checkbox"/> Continue Dependent Health Coverage (i.e., COBRA) |

### B. Employer Information

|  |  |                                 |                     |                      |                             |                            |                      |
|--|--|---------------------------------|---------------------|----------------------|-----------------------------|----------------------------|----------------------|
| 1. Employer Name - Full Name of Business or Organization<br><b>Orthodox Health Plan</b>            |  | 2. Control No.<br><b>658408</b> | Suffix<br><b>10</b> | Account              | 3. Plan Number              | 4. Group Number (HMO Only) | 5. SFO<br><b>076</b> |
| 6. Employer Address (Street, City, State, ZIP Code) - Primary Location of Business or Organization |  |                                 |                     | 7. Claim Office Code | 8. Customer Code (Optional) | 9. Network ID              |                      |

### C. Employee Information - Please Print All Information

|   |  |  |                          |                                       |                          |  |  |
|---|--|--|--------------------------|---------------------------------------|--------------------------|--|--|
| 1. Employee Social Security Number  |  | 2. Employee Name (Last, First, Middle Initial) |                          | 3. Employee Home Address              |                          |  |  |
| 4. Employee Status<br><input type="checkbox"/> Active <input type="checkbox"/> Retired                                      |  | 5. Sex   | 6. Home Telephone Number | 7. Work Telephone Number              |                          | Number, Street, Apt.   |  |
| 8. Beneficiary Designation - Full Beneficiary Name (First, Middle, Last) If more than one beneficiary, use Special Remarks. |  |  |                          | Social Security Number of Beneficiary | Relationship to Employee | 9. Earnings<br><input type="checkbox"/> Annually \$ _____<br><input type="checkbox"/> Weekly \$ _____  |  |
|   |  |  |                          |                                       |                          | <input type="checkbox"/> Insurance Amount \$ _____<br><input type="checkbox"/> Supplemental Life \$ _____<br><input type="checkbox"/> AD&D Amount \$ _____ |  |

### D. Individuals Covered (List individuals for whom you are electing/changing coverage.) Check this box if you are refusing coverage for your dependents.

| (A)dd/New<br>(C)hange<br>(R)emove | Relation<br>Code | Name (First, Middle Initial, Last)<br>(Explain difference in last names in Special<br>Remarks) | Social Security Number<br>(If dependent has no SSN, write<br>"None") | Birthdate<br>MM / DD / YYYY | Dependent Address<br>(If different than employee) | Prior<br>Insur.<br>Plan  | Other<br>Health<br>Coverage | Currently<br>Covered by<br>Medicare | Handi-<br>capped         | Student<br>Age 19<br>or Older | Primary Care Provider ID #<br>Primary Care Provider Name | Prev.<br>Seen                   |
|-----------------------------------|------------------|--|--|-----------------------------|---|--------------------------|-----------------------------|-------------------------------------|--------------------------|-------------------------------|--|---------------------------------|
|                                   | Self             |  | - -  | / /                         | Not Applicable                                    | Yes*                     | Yes*                        | Yes                                 | Yes*                     | Yes*                          | ID # _____<br>Name _____                                 | Yes<br><input type="checkbox"/> |
|                                   |                  |  | - -  | / /                         |   | <input type="checkbox"/> | <input type="checkbox"/>    | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>      | ID # _____<br>Name _____                                 | <input type="checkbox"/>        |
|                                   |                  |  | - -  | / /                         |   | <input type="checkbox"/> | <input type="checkbox"/>    | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>      | ID # _____<br>Name _____                                 | <input type="checkbox"/>        |
|                                   |                  |  | - -  | / /                         |   | <input type="checkbox"/> | <input type="checkbox"/>    | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>      | ID # _____<br>Name _____                                 | <input type="checkbox"/>        |
|                                   |                  |  | - -  | / /                         |   | <input type="checkbox"/> | <input type="checkbox"/>    | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>      | ID # _____<br>Name _____                                 | <input type="checkbox"/>        |

Special  
Remarks

### E. Acknowledgments - Signatures Required

Employee's E-mail Address:

I have read and agree to the terms of the authorization on the back of this Enrollment/Change Request form. I understand that, in the event I fail to sign this form within 31 days after the above transaction request or that for any reason Aetna does not receive notice of the above transaction request within a reasonable time following the event, my and my dependents' eligibility may be affected.

Employee Signature **X** \_\_\_\_\_ Date \_\_\_\_\_ Employer Signature **X** \_\_\_\_\_ Date \_\_\_\_\_

AETNA U.S. HEALTHCARE



**Orthodox Health Plans**  
**Retiree Medical Insurance Plan Enrollment Form**  
**Underwritten by: AUSA Life Insurance Company, Inc., Purchase, NY**  
**A Transamerica Company**

**You Must Return Your Enrollment Form to Put Your Coverage In Force!**

*Please Print*

**Retiree Information:**

Name: \_\_\_\_\_ Date of Birth: Month \_\_\_\_\_ / Day \_\_\_\_\_ / Year \_\_\_\_\_  
 Address: \_\_\_\_\_ Social Security Number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
 City: \_\_\_\_\_ Medicare Number: \_\_\_\_\_  
 State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Sex: \_\_\_\_\_ Phone Number: ( \_\_\_\_\_ ) \_\_\_\_\_  
 Email Address: \_\_\_\_\_

**Spouse Information:**

Name: \_\_\_\_\_ Date of Birth: Month \_\_\_\_\_ / Day \_\_\_\_\_ / Year \_\_\_\_\_  
 Social Security Number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Medicare Number: \_\_\_\_\_  
 Address: \_\_\_\_\_ Phone Number: ( \_\_\_\_\_ ) \_\_\_\_\_  
 City: \_\_\_\_\_ Email Address: \_\_\_\_\_  
 State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Sex: \_\_\_\_\_

**Please Choose Type of Coverage:**

Retiree

Retiree and Spouse

Spouse Only

**Please Sign and Date:**

I/We hereby enroll in the Orthodox Health Plans Limited Medical Expense Plan provided under group Master Policy Number MZ0100796H0001A issued by AUSA Life Insurance Company. I/We am/are 65 or over and covered by Medicare Parts A & B. I/We understand this insurance will be effective on the date shown on the certificate schedule.

**FRAUD WARNING**

NY Residents: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.

Retiree Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Spouse Signature: \_\_\_\_\_ Date: \_\_\_\_\_

For customer service: call 1-800-785-4432,  
 Monday through Friday, 9:00 a.m. to 5:00 p.m., Eastern Time.

# *Orthodox Health Plans*

## **Retiree Medical Insurance Plan Description**

Underwritten by Monumental Life Insurance Company  
In New York by AUSA Life

**• MEDICARE (PART A) - HOSPITAL SERVICES - PER BENEFIT PERIOD\***

\* A benefit period begins on the first day you receive service as an inpatient in a hospital and ends after you have been out of the hospital and have not received skilled care in any other facility for 60 days in a row.

| SERVICES   | MEDICARE PAYS       | PLAN PAYS                          | YOU PAY   |
|--|---------------------|------------------------------------|-----------|
| <b>HOSPITALIZATION*</b>  |                     |                                    |           |
| Semiprivate room and board, general nursing and miscellaneous services and supplies: |                     |                                    |           |
| First 60 days  | All but \$812       | \$812 (Part A Deductible)          | \$0       |
| 61st thru 90th day   | All but \$203 a day | \$203 a day                        | \$0       |
| 91st day and after :   |                     |                                    |           |
| While using 60 lifetime reserve days   | All but \$406 a day | \$406 a day                        | \$0       |
| Once lifetime reserve days are used:   |                     |                                    |           |
| Additional 365 days  | \$0                 | 100% of Medicare Eligible Expenses | \$0       |
| Beyond the Additional 365 days   | \$0                 | \$0                                | All costs |
| <b>SKILLED NURSING FACILITY CARE*</b>  |                     |                                    |           |

You must meet Medicare's requirements, including having been in a hospital for at least 3 days and entered a Medicare-approved facility within 30 days after leaving the hospital:

|  |  |                      |           |
|--|--|----------------------|-----------|
| First 20 days  | All approved amounts   | \$0                  | \$0       |
| 21st thru 100th day  | All but \$101.50 a day   | Up to \$101.50 a day | \$0       |
| 101st day and after  | \$0  | \$0                  | All costs |
| <b>BLOOD</b>   |  |                      |           |
| First 3 pints  | \$0  | 3 pints              | \$0       |
| Additional amounts   | 100%   | \$0                  | \$0       |
| <b>HOSPICE CARE</b>  |  |                      |           |
| Available as long as your doctor certifies you are terminally ill and you elect to receive these services. |  |                      |           |
|  | All but very limited coinsurance for outpatient drugs and inpatient respite care | \$0                  | Balance   |

### MEDICARE (PART B) - MEDICAL SERVICES - PER CALENDAR YEAR\*

- \*Once you have been billed \$100 of Medicare-Approved amounts for covered services (which are noted with an asterisk), your Medicare Part B Deductible will have been met for the calendar year.

| SERVICES  | MEDICARE PAYS | PLAN PAYS | YOU PAY |
|---|---------------|-----------|---------|
| <b>MEDICAL EXPENSES</b>   |               |           |         |
| <b>In or Out of the Hospital and Outpatient Hospital Treatment</b> , such as Physician's services, inpatient and outpatient medical and surgical services and supplies, physical and speech therapy, diagnostic tests, durable medical equipment: |               |           |         |

|   |               |                           |           |
|---|---------------|---------------------------|-----------|
| First \$100 of Medicare Approved Amounts*                 | \$0           | \$100 (Part B Deductible) | \$0       |
| Remainder of Medicare Approved Amounts                    | Generally 80% | Generally 20%             | \$0       |
| • Part B Excess Charges (Above Medicare Approved Amounts) | \$0           | \$0                       | All costs |
| <b>BLOOD</b>  |               |                           |           |
| First 3 pints   | \$0           | All costs                 | \$0       |
| Next \$100 of Medicare Approved Amounts*                  | \$0           | \$100 (Part B Deductible) | \$0       |
| Remainder of Medicare Approved Amounts                    | 80%           | 20%                       | \$0       |
| <b>CLINICAL LABORATORY SERVICES</b>                       |               |                           |           |
| Blood tests for Diagnostic Services                       | 100%          | \$0                       | \$0       |

### MEDICARE PARTS A & B

|  |      |                           |     |
|--|------|---------------------------|-----|
| <b>HOME HEALTH CARE</b>  |      |                           |     |
| Medicare Approved Services:                                    |      |                           |     |
| Medically necessary skilled care services and medical supplies | 100% | \$0                       | \$0 |
| Durable medical equipment:                                     |      |                           |     |
| First \$100 of Medicare Approved Amounts*                      | \$0  | \$100 (Part B Deductible) | \$0 |
| Remainder of Medicare Approved Amounts                         | 80%  | 20%                       | \$0 |

**OTHER BENEFITS - NOT COVERED BY MEDICARE**

|  |     |   |  |
|--|-----|---|--|
| <b>FOREIGN TRAVEL</b>  |     |   |  |
| Medically necessary emergency care services beginning during the first 60 days of each trip outside the USA: |     |   |  |
| First \$250 each calendar year   | \$0 | \$0   | \$250  |
| Remainder of charges   | \$0 | 80% to a lifetime maximum of \$50,000                             | 20% and amounts over the \$50,000 lifetime maximum |
| <b>PRIVATE DUTY NURSING</b>  |     |   |  |
|  | \$0 | \$25 per shift; maximum number of shifts is 30 per benefit period | Balance  |

**EXCLUSIONS:**

Benefits will not be paid for any expenses which are not determined to be Medicare-eligible expenses by the federal Medicare Program or its administrators, except as otherwise specified in the policy.